

BIBLIOCOUNSELING WITH SUNAN KALIJAGA'S PHILOSOPHY OF LIFE TO DEVELOP STUDENT LEADERSHIP

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Abstract

Leadership is a process that must exist in human life as creatures who need each other. Leadership has been a human nature since birth and cannot be avoided in life. In essence, the survival and success of a person depends on his leadership spirit. In fact, there are still many people who deviate from human nature as a leader, especially among school students. The lack of leadership spirit is one of the most serious problems so it is not uncommon for the phenomenon of leadership crisis to emerge. In society, it can be seen that there are still many people who are arbitrary with the power they have, there are also people who are so eager to have power that they do everything possible to achieve it. The same thing also happens among school students, causing academic cheating which will affect academic achievement. Of course this is inversely proportional to human nature as a good leader. Therefore, as a BK teacher or counselor in overcoming this problem, offering solutions with bibliocounseling techniques that use the philosophy of life of sunan kalijaga. In this bibliocounseling service with the philosophy of life of sunan kalijaga, it consists of several points about leadership, including: 1) Urip Iku Urup, 2) Sura Dira Jayaningrat Lebur Dening Pangastuti, 3) Aja Adigang, Adigung, Adiguna, and 4) Aja Ketungkul Marang Kalungguhan, Kadonyan lan Kemareman. This service aims to help students develop their leadership spirit. This research uses a literature review method that can be used as a reference for other researchers to test its effectiveness

Keywords: *Bibliocounseling, Leadership, Sunan Kalijaga's Philosophy of Life*

1. Introduction

Universally, humans are Allah's creatures who have the best, noblest, smartest and most intelligent potential so that they get the task from Allah to become caliphs on earth, the task of carrying out the mandate and obtaining Allah's perfect love (Hadis, 2017). Ideally, leadership has been a human nature since birth and cannot be avoided, and a good leadership spirit will also determine a person's survival and success (Adinugraha et al., 2021).

From the explanation above, it can be concluded that the spirit of leadership already exists in humans, it just needs to be developed properly. However, the fact is that there are still many people who have not been able to develop their leadership spirit properly and it has become a serious problem so that the phenomenon of leadership crisis has emerged (Khodijah & Putra, 2020). It can be seen that there are several cases of low leadership spirit in society, namely that there are still many people who act arbitrarily with their power, there are also people who really want to have power, it is not uncommon to justify all means to be able to achieve it. The same thing also happens among school students which results in academic cheating by students and ultimately has an impact on their academic performance (Mushtofa et al., 2021).

This is certainly very contrary to the ideal condition in which human nature is a caliph who carries out the mandate of Allah. The problem of low leadership spirit is certainly an urgency that must be addressed, especially in the education sector. To deal with this problem, schools certainly have counseling teachers as facilitators in developing leadership in students. Counseling guidance services are an aspect of the education program that deals with assisting students to adjust to the situation they face and plan their future according to their interests, abilities and social needs (Mahaly, 2021). One of the efforts that counseling teachers can make to overcome the problem of low student leadership is the bibliocounseling technique. The concept of bibliocounseling is to provide reading material to students as a medium to achieve a goal, namely developing student leadership (Mufidah, 2011).

In the application of bibliocounseling, namely by implementing the philosophy of life taught by sunan kalijaga where the teachings of sunan kalijaga contain essential philosophy (life reflection). Philosophizing in a broad sense, humans devote their existence both physically and spiritually to achieve this goal (Darmoko, 2018). The philosophy of life taught by Sunan Kalijaga, the first is "*urip iku urup*" this philosophy means that life must have benefits for the people around us (Amala & Dewi, 2022). In leadership a leader must have benefits to what is led. The second is "*aja adigang, adigung, adiguna*" which means do not be pretentious, pretentious, pretentious. This attitude must be possessed by a leader who has the strength, position and power to be able to use these three aspects to bring benefits to the surrounding people (Mutmainnah

& Purnomo, 2022). The third is "*Sura Dira Jayaningrat, Lebur Dening Pangastuti*" which means that all hard-heartedness, pettiness, and anger are only defeated by a wise, gentle and patient attitude. This attitude needs to be possessed by a leader to avoid quarrels and arguments that cause estrangement in relationships (Rachmawati, 2018). And the fourth is "*oyo ketungkul marang kalungguhan, kadonyan lan kemareman*" an attitude that should be owned by a leader, namely not to be too obsessed or confined by the desire to obtain position, materialism and worldly satisfaction (Alif et al., 2020)

Based on the Javanese philosophy of Sunan Kalijaga above, researchers have an interest in researching the problem as "Bibliocounseling with Sunan Kalijaga's Philosophy of Life to Develop Student Leadership". Through this research, it is hoped that students can learn to instill a good leadership spirit within themselves.

2. Methods

The method used by researchers in this study uses a qualitative research method in the form of a literature review in which a literature review is a form of research conducted by reading sources from existing literature through articles, journals and other scientific papers such as theses and theses to find answers to existing problems. Researchers search and explore journals and articles on bibliocounseling and leadership soul problems and then write back into the researcher's understanding so that it can facilitate other readers. This research raises the topic of Bibliocounseling with the Life Philosophy of Sunan Kalijaga to Develop Student Leadership.

3. Research Result

Based on the results of the literature review that has been conducted, there are at least five articles that are relevant to the topic of this research, namely:

Table 1. Description of literature review sources

No	Title	Author	Research results	Year
1.	The Effectiveness of Bibliocounseling to Increase Adolescent Empathy at Rumah Pintar "Bunga Padi" Balerejo District,	Dahlia Novarianing Asri and Tyas Martika	Based on the pretest results of student empathy, out of 28 adolescents at Rumah Pintar Bunga Padi, 8 adolescents were obtained who were used as research subjects with	2016

	Madiun Regency	Anggriana	details of 75% or 6 adolescents who had low levels of empathy and 25% of adolescents had high levels of empathy. The bibliocounseling technique that has been carried out is effectively used to increase adolescent empathy. This happens because in the implementation of bibliocounseling the subject has the opportunity to read the reading material that has been provided, understand, discuss and reflect on the contents of the reading.	
2.	The Effectiveness of Bibliocounseling Services to Increase Self-Confidence of Class IX C students at SMPLB Krida Utama 2 Loceret in 2014/2015	Wahyu Puja Utama	Based on the tests that have been carried out regarding student self-confidence and the effectiveness of bibliocounseling, it can be seen from the subject's self-confidence data obtained from the observation score. From these data, it shows that bibliocounseling intervention is effective, this is indicated by significant changes, which initially the level of student confidence in the last score was 9 after the intervention the last score of the student's confidence level increased to 17.	2015
3.	Effectiveness of Bibliocounseling through Comics for Students' Career Recognition	Eva Kartika Wulan Sari & Devi Permatasari	There is an increase in students' career recognition scores before and after group counseling using bibliocounseling methods in the form of comics, proving that bibliocounseling is effective in improving students' ability to recognize careers that suit themselves.	2022
4.	Group counseling with biliocounseling technique to increase learning	Rizqi Puspita Dewi & Bambang	Bibliocounseling techniques are effective for increasing self-confidence for students, this is because HO is rejected	2018

	motivation of fifth grade students of MI Nurul Huda 2 Mojokerto City.	Dibyو Wiyono	and HI is accepted, which shows that providing group counseling bibliocounseling techniques can increase the motivation to learn BTA for 5th grade students of MI Nurul Huda 2 Mojokerto City.	
5.	Application of Bibliocounseling in Group Guidance to Overcome Student Learning Difficulties at SMA Negeri 5 Palopo	Mulya Safira	It can be said to be effective by comparing the changes between the results of the pretest and posttest questionnaires that have been given by the researcher. This states that the use of bibliocounseling techniques to solve student learning difficulties is said to have an effect.	2023

4. Discussion

Leadership has a meaning, among others, is a set of a series of abilities and personality traits that exist in a person, including authority, skills, knowledge, vision and competence to be used as a leadership tool to convince the people they lead so that they are voluntary, enthusiastic and not forced in their work (Farida & Anjani, 2019). An overview of the characteristics of an ideal leader is mentioned by (Arifin, 2021). is someone who has high integrity values, congruence between thoughts, words and actions, continues to collaborate, is humble, wise, inspiring, agile and respectful.

A good leadership spirit will form a sense of responsibility, diligence, discipline, confidence and ability to communicate that provides benefits for the future. In addition, a good leadership spirit will also form a strong mentality so that a person is able to face challenges and problems without potentially causing violence or stress (Darsih & Hanggara, 2023). Vice versa, if the leadership spirit in a person is low, it will have a negative impact, including a low sense of responsibility, laziness, low self-esteem and not being able to communicate well.

In the education sector, this will greatly hinder the student learning process, where students who have a low leadership spirit will tend to lack confidence when in class or in groups, then students will be more silent because they are embarrassed to

communicate when in front of the class, and students who have a low leadership spirit will usually have few friends because it is difficult to socialize and a more serious problem when students easily give up in the learning process (Fauzan & Al Millah, 2018). Therefore, the leadership spirit in students needs to be developed, to develop this student leadership spirit, one of which is with bibliocounseling services.

Bibliocounseling is an approach technique adapted from bibliotherapy techniques. bibliotherapy is psychotherapeutic support through reading materials to help someone who is experiencing personal problems. This technique can help clients who have difficulty expressing their problems verbally (Asri & Anggriana, 2012). This technique is one of the intervention techniques that can be utilized to increase self-belief, resilience and confidence in facing academic tasks, for this reason it is necessary to develop interesting and innovative bibliocounseling media, so that students can take advantage of seeking aspirational information through problem identification in solving academic task problems (Astuti, 2022).

In this study, researchers used bibliocounseling techniques in which there was a content of the value of the philosophy of life of sunan kalijaga to develop student leadership. There are several points from sunan kalijaga's philosophy of life that can be used to develop leadership, including first, *Urip iku Urup*, which means life is on, has the meaning that we as humans who live must provide benefits to the people around us. Second, *Aja Adigang, Adigung, Adiguna*, which means don't be pretentious, don't be big, don't be powerful. The meaning is that when someone is given power, strength and position, it should not be misused, it should be used to benefit the surrounding. Third, *Sura Dira Jayaningrat, Lebur Dening Pangastuti*, which means that all hard-heartedness, pettiness, and anger are only defeated by a wise, gentle and patient attitude. The meaning is that when someone is in a state of anger or anger, we should be patient so that there will be no arguments that cause relationship breakdown. Fourth, *Aja Ketungkul Marang Kalungguhan, Kadonyan lan Kemareman*, which means Do not be obsessed or confined by the desire to obtain position, material things, and worldly satisfaction. We as leaders must have this trait so as not to be too crazy by position and justify all means to obtain a position (Alif et al., 2020)

In the application of bibliocounseling with the philosophy of life of sunan kalijaga, several stages are needed, including the first is to consider the readiness of the counselee, at this stage the counselor needs to consider several things including time so as not to hinder the process, then consider the student's report card, instill trust and confidence in students and conduct an initial exploration of the problem. Second, book selection, at this stage of the activity the counselor must consider several factors when choosing a book for treatment, the most important thing is that the book contains believable characters and situations that provide realistic expectations for students. Third, introducing the book, the counselor includes the book in the treatment. Here the counselor chooses a reading book that contains the philosophy of life of Sunan Kalijaga which contains 4 aspects including *urip iku urup, aja adigang adigung adiguna, sura dira jayaningrat melur dening pangastuti, aja ketungkul marang kalungguhan kadonyan lan kemareman*. Which later each aspect will be discussed in one meeting. And finally the fourth, follow-up, the counselor helps students to be helped to identify themselves with readings that have problems similar to themselves. With this process students begin to see how the characters in the reading and then recognize the solution.

5. Conclusion

The low leadership spirit in students can be influenced by the lack of facilities for students to develop this leadership spirit. Therefore, the BK teacher or counselor will play a very important role in developing the leadership spirit in students. One of the techniques that can be used is bibliocounseling techniques collaborated with the value of sunan kalijaga's philosophy of life to develop students' leadership spirit so that students have a complete attitude of responsibility, discipline, diligence, independence so that they can complete their academic assignments.

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PROSIDING

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“Penguatan Karakter Menuju Konselor Multibudaya Dijiwai Nilai-Nilai Religius”

Selasa, 18 Juli 2023

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