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CLARIFICATION OF GURINDAM 12 CONTAINED VALUE TO **IMPROVE STUDENT HUMILITY**

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Abstract

The Indonesian nation is known as a nation that has a humble character. Currently, the humble character is not directed due to the effects of globalization. The existence of the effect of globalization triggers the emergence of humble problems not only seen from the style of behavior and the style of communication of students. The importance of a humble condition within each individual is inversely proportional to what is currently happening in the international world, especially in our country, Indonesia. This is evidenced by the condition of Indonesia where most people do not have humble behavior but show arrogant behavior. One of the alternative services used by counselors to help raise humility by collaborating in the form of local wisdom is the Clarification of Values with Gurindam 12 content. The Clarification of Values with Gurindam 12 is filled with 5 articles in it, namely a) article 1, b) article 3, c) article 4, d) article 7, e) article 8. The purpose of this research is to help students reach a level of self-humility so that they can implement it every day in their lives. The method in this study is to use a literature review sourced from various journals. The literature review in this study can be the basis and reference for further researchers in testing its acceptability.

Keywords: Gurindam 12, Clarification of Values, Group Guidance, Humility

1. Introduction

Character development has a higher meaning than moral education which is only able to teach a truth and a mistake. Character development in Indonesia has characteristics that are different from other nations (Sudaryanti, 2012). The Indonesian nation has a characteristic humble character which is considered as an Indonesian character, but currently the character formation is not directed due to the effects of globalization (Budiarto, 2020).

From what is most visible at this time the effect of globalization is a form of moral crisis which in Indonesia is rapidly, such as a form of moral crisis, namely hedonism, which is a form of pleasure that is shown, such as looking at oneself highly, which is not in line with the formation of the character of students in increasing humility (

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Setianingsih, 2019). Humility is a form of virtue that is considered the basis of moral life (Permatasari, 2016).

The problem of humility among teenagers is currently said to be still relatively low. This can be seen from the truth about being humble by teenagers, such as showing a style of behavior and a style of communication that lacks humility (Fitri et al., 2020). In 2016, another fact is seen that someone who doesn't have humility often seems unable to admit the mistakes he has made and a low sense of responsibility arises for the forms of mistakes he has made (Permatasari, 2016).

This is supported by the current conditions which are inversely proportional to the international situation, especially in Indonesia where most students show that some students do not appear to have a humble form but display an attitude of arrogance (Fauziah & Mahpudz, 2022). In addition to the form of arrogance, there is also a condition in which the individual only focuses on himself which causes a gap. This happens because the individual has a high level of arrogance, so that someone who only cares about his personal interests without paying attention to other individuals.

With minimal humble problems, the most visible impact is the inability to be able to admit mistakes that occur due to oneself (Adam & Omar, 2023). In 2016, another study found that the most obvious impact was that a person tends to focus on himself and seems indifferent to other people (Permatasari, 2016). As well as the main impact that arises due to the lack of supervision carried out by parents on children and a lack of humanity and parents tend to lack supervision of children and their interaction environment every day (Hardiyanto & Romadhona, 2018).

With the problems that occur among students, namely the lack of humility requires an effort to address these humble problems. In this problem the researcher chose to use a value clarification technique. Values clarification is a technique that provides an emphasis on efforts to assist students in studying, studying and exploring feelings towards an action (Susanti, 2015). Value clarification techniques are considered to be used to assess and understand cultural issues within the cultural sphere. The local wisdom that the researchers adopted was in the form of poetry in book form entitled Gurindam 12 originating from the Riau Islands (Yuniva et al., 2022).

Counselors can use value clarification techniques by collaborating with Raja Ali Haji's Gurindam 12 which has teachings that direct social, character, character, and love for a local cultural wisdom (Shanty et al., 2019). The thing that was found as a solution to this problem was to determine the articles contained in Gurindam 12 to increase student humility. The researcher chose 5 articles out of 12 articles consisting of article 1, article 3, article 5, article 7, article 8 (Ghofur, 2020). As a supporter in the implementation of guidance and counseling services can be achieved optimally. Based on the background above, the researcher is interested in examining this problem as "Clarification of Values Loaded in Gurindam 12 to Increase Student Humility". Therefore, it is hoped that this can help students achieve humility so that they have a humble attitude in sorting out the basic values of attitude when increasing humble behavior.

2. Methods

The method used in this study uses qualitative research. In qualitative research using several literature reviews with descriptive analysis which is described in an orderly and neat manner. The data used in writing this article can be obtained from various literature which includes books, seminar papers, and journals both on a national and international scale. Literature review is a theoretical idea in the form of knowledge derived from other research that is relevant to the scope of the research that the researcher is conducting. In this study, researchers studied journals related to value clarification and humility by reading and studying and re-describing them in the form of understanding so as to facilitate understanding for readers. Based on the explanation above, it can be concluded that the final results of the research refer to the formulation of the problem, the purpose of writing the article, the results, and the discussion in the article. The conclusions drawn represent the subject matter of this paper and are supported by practical suggestions for further recommendations.

3. Results and Discussions

Based on the results of the literature searched from scientific journals, there are at least 5 articles that are closely related to this research topic regarding humility. The five articles are described in the table below:

Table 1. Description of Literature Review Sources

No	Title	Author	Research Result	Year
1	Strengthening student	Zaitun	The results of the analysis	2019
	character through		show that the problem of	
	role-playing learning		character in students is not a	
	on local wisdom		topic of problem because in	
	material Gurindam		the problems it is revealed that	
	12.		role playing in Gurindam 12	
			material can help students	
			build their own character.	
2	Discourse analysis in	Windiatmoko	Based on the results of the	2016
	gurindam 12 and the		conclusions received by the	
	value of character		researcher that based on	
	education and its		writing on the background of	
	implications as		the problem that the writer	
	teaching material for		tries to be able to analyze	
	literature.		several aspects consisting of	
			textual, contextual and	
			intertextual aspects in	
		7	gurindam 12	2022
3	The use of figure of	Zia Hisni Mubarak	Based on the results of the	2022
	speech in gurindam		research analysis, it can be	
	12 by Raja Ali Haji:		concluded that in analyzing	
	an analysis of its kind		the results using gurindam 12,	
	and function		it is found that 18 data are	
			analyzed as an affirmative	
			figure of speech, 3 of which	
			consist of pleonasms, 6 reps	
			and data in the parallelism section.	
4	Analysis on value of	Mohammad Fauziddin,	Observations from the	2023
4	Analysis on value of 12 verses gurindam	Gunarti Dwi Lestari,	researchers' assessment	2023
	by raja ali haji in the	Neni Mariana,	revealed that the values	
	context of le9arning	Hendratno, Wahyu	obtained from gurindam 12	
	islam in early	Sukaningsih.	were Islamic values, values	
	childhood (PAUD)	Sukamingsin.	regarding faith, as well as	
	cinianooa (1710B)		social and ethical values of	
			leadership.	
5	Intervening: the	Izul Haidi Afdilah, M	The results of the analysis	2021
	gurindam XII value	Yunus Sudirman,	show that in this study the	2021
	og the twelve into the	Nanda Alfan	researchers looked at the long	
	meaning of life	Kurniawan, Randi	involvement of Malay people	
	concept	Saputra, Suci Nora	with gurindam 12 which is in	
	· · · · · · · · · · · · · · · · · · ·	Julina Putri, Karisma	line with an effort they built to	
		Khoirul Hidayah, Rona	describe the meaning of life	
		Rohmah Dini	based on the values contained	
			in gurindam 12.	

Based on a review of literature sourced from scientific journals that are closely related to the topic of this research in the form of the table above, it can be concluded that value clarification is proven to be able to make a difference in increasing students' awareness of responsibility and developing students.

Humility is a condition in which a person can show modesty and low attitude towards others. Humility is usually said to be tawadhu. Someone who is said to be humble if someone can see other people as equals as human beings should be with each other without differentiating material or social life that is different from one another and can see people not only from their appearance but also from how that person acts towards people who are not from the environment every day (Fauziah & Mahpudz, 2022). Besides that, humility can also be defined as a form of strong self-character to be able to show a positive attitude which basically can be formed by doing it every day continuously and someone who has a humble attitude towards someone else can be judged by how that person shows his attitude and show a stance on himself (Basiroh, 2017).

A person's humble behavior can be said to be different from another person when that person is influenced by several factors that support a person's humble attitude or vice versa. Behaviors that can be shown are friendship or social environment factors such as factors from peers which are some of the influences that can change our behavior into negative behavior and deviant behavior caused by individuals with other individuals. (Azhar & Sa'idah, 2017). In addition to environmental factors, technological factors are also a problem that causes individuals to lack humility, for example when an individual sees a video display on television or a smartphone, which contains no content about increasing one's humility but vice versa (Handayani et al., 2020). Therefore, humility is a basic need for every individual in carrying out life which is not only a positive influence but also requires positive behavior.

The lack of humble behavior in individuals often causes individuals to tend to feel a sense of humanity and low prosocial relationships between other individuals. Meanwhile, individuals who have humble behavior tend to behave positively and there are no social cons (Banker & Leary, 2020). The existence of a family background also makes the individual raise a humble attitude or vice versa where the behavior obtained in

the family becomes a benchmark for an individual to raise humble behavior in him as exemplified by the behavior of his parents and vice versa if his parents raise a negative attitude then an individual will also imitate the behavior of his parents (Adriansyah & Rahmi, 2012).

Some of the opinions above can be concluded that humility is a behavior that every human being must have because it shows an attitude of simplicity and good attitude towards others which does not distinguish an individual from material, environmental and family backgrounds. Humility involves individual self-awareness to get used to cultivating a humble attitude which involves a person's identity which can be judged from the form of his behavior.

Someone who has high humility has characteristics such as never thinking of himself more than other people, always thinking positively, standing up for himself, not arrogant and always respecting the existence of other people. Whereas someone who is not humble has characteristics such as always being arrogant, a negative style of behavior, a way of communicating that is more prominent than the other person, does not want to admit the mistakes he has made, cannot be responsible and is different from his morals and behavior. (Fahdini et al., 2021).

Some of the opinions above can be concluded that the characteristics of humility are having a positive relationship, as well as an attitude of caring for one another and growing humility in their environment. These characteristics include a need for selfdirection to be able to increase humility and engender a positive attitude towards each other. An individual who wants to cultivate humble behavior must be able to know an environment that suits his personality and knows a good social environment and an environment that can accept behavior and an environment that can accept us (Fitri et al., 2020).

Various problems associated with low humility can have a negative impact. Therefore it is necessary to make an effort to overcome one of them with the Clarification of Values with Gurindam 12. The use of value clarification techniques is able to reduce conflicts that occur in individuals so that they can further increase students' humility towards one another in the classroom environment. Values clarification techniques can also help increase student humility which is said to be minimal in being able to explore students (Wibowo, 2015). In addition, according to other studies, Value Clarification Techniques can add insight and knowledge about cases that occur in the environment. Therefore, students are more enthusiastic and motivated to be able to learn Gurindam 12 with various chapters and different meanings. However, it is unfortunate that no research has been conducted specifically to develop value clarification in group guidance with gurindam 12 content to increase humility.

Gurindam 12 is an art that has high values, articles and cultural meaning in the Riau Archipelago Province, so that it can be an effective medium for expressing humility in a positive and orderly way. The uniqueness of this poem can be seen from the meaning and content of the chapters as well as the different meanings that are unique to each other, in which each verse of the chapter has a different way of reading with different poems according to the writing of the articles contained in gurindam 12 (Yuniva et al., 2022)

In providing group guidance services using the value clarification technique students will not only listen but students will later discuss with each other about Gurindam 12 and divide one session into 1 article, and each article will be discussed at every first meeting. Before entering the room the counseling teacher will discuss the 5 values selected to help students improve low self-esteem with Gurindam 12 content. The provision of this service helps in increasing balanced behavior (Shanty et al., 2019). So from this Gurindam 12 can be used as a tool to increase student humility in a fun way and introduce local culture.

In the description above, it can be explained that the meaning of value clarification uses Gurindam 12, namely the application of value clarification techniques in group guidance which contains articles and the meaning of life. This value clarification has the goal of being able to measure or know a level of student awareness about a value, to foster student awareness in understanding student values in a way that is rational and acceptable to students, to train students to be able to assess and accept in taking decision on an issue (Wibowo, 2015). Other researchers say that the purpose of value clarification has the goal of being able to help students determine a value that can be considered good in dealing with problems (Witteman et al., 2015)

The stages in carrying out value clarification by using group guidance services as an application. Using group guidance can make it easier for 5-10 people to face the same

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problems and students have the opportunity to be able to recognize the various articles and meanings contained in Gurindam which consists of 12 articles but the researcher chose 5 out of 12.

4. Conclusions

The problem of humility is behavior that arises in the social environment which currently requires full attention so that there is a need for cooperation from various parties, especially handling from schools and the help of counseling teachers or counselors. Counselors have an important role as educators and also as humble creators in the school environment. Being humble to yourself is the most important aspect that needs to be achieved by every individual in this world. Humility in Indonesia is included in the formation of the character of self-love. Humility can be realized if the individual has a supportive condition to realize this humble mood. Implementation manifests humility in students through value clarification techniques filled with Gurindam 12 to assist students in determining and looking for values that are considered good in dealing with problems through the process of analyzing the values that exist in students.

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