



The role of communication on marriage

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Abstract. This The study highlights the importance of accommodation in communication, where partners adjust their speaking styles and behaviors to match or complement each other. Utilizing a qualitative approach, the research examines how couples' communication patterns contribute to marital dissolution. The analysis draws on analyzing YouTube video with divorced individuals to identify key communication behaviors and strategies that influenced their relationships, focusing on how communication effect in relationship and led to divorce. This study investigates the role of communication in the occurrence of divorce through the lens of interpersonal dynamics and Communication Accommodation Theory (CAT). Findings reveal that a lack of effective accommodation, including persistent negative communication behaviors such as criticism, defensiveness, and stonewalling, often leads to increased marital conflict and eventual divorce. Additionally, the research explores the impact of power dynamics, emotional expression, and conflict resolution styles within interpersonal interactions, noting that these factors significantly influence relationship stability. The inability to adapt communication styles to suit the partner's needs exacerbates misunderstandings and resentment, contributing to the breakdown of marital relationships. By integrating CAT, the study provides nuanced insights into how mismatched communication styles and failures in accommodation exacerbate marital issues. The implications suggest that enhancing communication skills and promoting adaptive accommodation strategies could be vital in marital counselling and interventions aimed at reducing divorce rates. This research contributes to a deeper understanding of the intricate role of communication in marital dynamics and offers practical recommendations for fostering healthier relationships.

Keywords: Marriage, Divorce, Communication, Experience



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