



## **Stockholm syndrome portrayed by Alethea in Lisa Allen-Aghostini's the Bread the Devil Knead**

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**Abstract.** Domestic violence is a pervasive phenomenon, particularly affecting children and women. Its impact on the psychological well-being of victims is profound. Those who have been subjected to violence may develop psychological disorders, such as Stockholm syndrome, which is characterised by the formation of compassion and empathy towards the perpetrator. The objective of this research is to analyze the phenomenon of Stockholm syndrome as depicted in *The Bread the Devil Knead* by Lisa Allen-Aghostini. This research employs a qualitative descriptive research methodology. The data was collected through two steps: the main data taken from the novel *The Bread the Devil Knead*, and supporting data taken from websites, books, dictionaries, theses and journals pertaining to this theory and issue. The data was analyzed using Graham's Stockholm syndrome theory to analyze the symptoms and causes of Stockholm syndrome. The results indicated that Allie exhibited symptoms of Stockholm syndrome, including positive feelings towards the perpetrator, negative feelings towards individuals who advocate for her well-being, support the captor's reason and his behavior, and brainwashing. In addition, several causes of Stockholm Syndrome are described by Allie, including perceived survival, perceived inability to escape, perceived kindness of the captor, and isolation. Based on the aforementioned symptoms and causes, it can be concluded that Allie is suffering from Stockholm Syndrome.

**Keywords:** stockholm syndrome, domestic violence, psychological approach



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