

Teachers' Roles in Improving Students' Self-Confidence at the Elementary Schools of Kasihan Subdistrict

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Abstract

One of the roles of teachers is improving students' self-confidence, which is to motivate learners to learn well, and also disciplining learners towards the rules at school and outside school, also teaches the learners to be obedient and respectful to their parents, relatives, or to older. Therefore it is expected that the nature and attitude of teachers should be smart, good, wise, polite, and courteous, because basically the teachers are the role model for learners as the source of knowledge and other skills. Teachers, who are professional, can organize learning activities effectively and efficiently, thus produces students who are smart, clever, insightful, religious, and have good characters. Research Objectives are 1) to understand the role of teachers in improving student self-confidence. 2) To understand the constraints faced by teachers in improving students' self-confidence. 3) To understand factors that influence students' self-confidence

Keywords: Teacher's Roles, Self-Confidence, Elementary School Stude

Introduction

Education is a conscious effort to cultivate the potential of human resources (HR) through learning activities. The purpose of education is to humanize human, as stated in Law no. 20 of 2003 on the purpose of National education CHAPTER II Article 3 which stated that National Education aims to develop the ability and form the character and civilization of a dignified nation in order to educate the nation, purposing for the development of learners potential to become human beings who believe and piety to God Almighty, have noble characters, healthy, knowledgeable, capable, creative, independent, and become a democratic and responsible citizen.

The low quality of education in Indonesia has become an object of discussion among government and other agencies. The quality of Indonesian graduates is still not outstanding in the world forums, even in Southeast Asia forum, Indonesia still have to catch up. Therefore, it is necessary to improve the quality of education. The efforts to improve education quality have been done by both private and government agencies. This can be seen from the various improvements that have been made, funding, or in other aspects aspects. However quality education has not been achieved optimally.

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The quality of education is closely related to the learning achievement. Learning achievement is the result or level of ability that has been achieved by students after following the teaching and learning process within a certain time that being measured and assessed in a number. Students are said to have high achievement if the results obtained from the evaluation are high, otherwise students are said to have low achievement if the results obtained from the evaluation are low. Learning achievement depends on the quality of learning in the classroom, which involves the roles of teachers, curriculum, funds, facilities, infrastructure, and students themselves. Teachers' functions and roles are:

- Forming children's harmonious personality according to the ideals and foundations of our country, which is Pancasila
- Preparing children to be good citizens
- As medium in learning
- Teachers as mentors to bring students to maturity.
- Teachers as the connecting liaison between school and community
- As disciplinary enforcers, teachers are an example in every way.
- As an administrator and manager, teachers as a curriculum planner
- Teachers as leader

The duty of students is learning and the roles of teachers are to encourage, assist, and help students to learn. Students' achievement will be maximal when accompanied by hard work. Hard work is part of achievement motivation. The difference in the need for achievement has been evident since five-year-old child. This is very closely related to family life, especially in influencing children at the age eight to ten. A class champion will be able to create fantastic successes, monumental accomplishments, and amazing triumph. That is the reasons that help the champion to achieve success, overcoming problems, reaching goals and achieving miracles.

Teachers are public or private school educators who have capability based on formal education background, at least undergraduate degree, and have valid legal provisions as teachers based on applicable teacher and lecturer laws in Indonesia. It is not easy to be a teacher, because the teachers' job is to educate, teach, guide, direct, train, assessing, and evaluate the learners. It means that the teachers are the reason that the student can read, and also from being unable to write to being able to write, from can not read to be able to read, from can not count to be able to count. The position of teachers and lecturers in teacher and lecturer laws in Indonesia as professionals aims to implement the national education system, namely the development of the potential of learners to be a pious people to God Almighty, noble, healthy, knowledgeable, skilled, creative, independent, and become a democratic and responsible citizen

In shaping the mental and confidence, in order to cultivate a bold personality, the researcher were interested to conduct research with the title "Teachers' Roles in Improving Students' Self-Confidence in Elementary Schools of Kasihan Subdistrict".

Based on the description of the background, then the problems identified in the Elementary Schools were:

- Teachers were less creative in developing learning methods
- Students learning activeness were not maximal because students were not confident
- The roles of teachers were not optimal in improving students' self-confidence
- Learners did not have confidence in learning
- The instructional media as a learning support was not utilized optimally by the teachers

The problems were limited to the issues related to the Teachers' Roles to improve the self-confidence of the students of Kasihan Subdistrict. Based on the background of the above problem, then the problem to be discussed can be formulated as:

- How are the roles of teachers in improving students' self-confidence?
- What are the factors that influence students' self-confidence?
- How to overcome the constraints faced by teachers in improving students' self-confidence?

Literature Reviews

Theoretical review

This chapter will reveal theories that will be used as a reference in improving research problems, relevant research outcomes, frameworks, and research questions. In accordance with the title of the theoretical research to be disclosed as a reference in the study covering the theoretical studies described as follows.

The Meaning of Teacher

Teachers are professional educators with the main task of educating, teaching, guiding, directing, training, assessing, and evaluating learners on early childhood education on primary and secondary education (UUGD BAB I pasal 1: 2005:2). Teachers are the determinants of educational success through their performance at institutional and instructional levels. The strategic roles are in line with Law No. 14 of 2005 on Teachers and Lecturers, which places the position of teachers as professionals as well as agents of learning.

As a professional, teachers work can only be done by someone who has academic quality, competency, and educator certificate in accordance with the requirements for each specific type and level of education. The position of teachers as professionals has a vision to realize the implementation of learning, it is in accordance with the principle of professionalism to fulfill equal rights for every citizen in obtaining quality education.

The position of teachers as learning agents is related to the roles of teachers in improving learning, such as teachers' roles as facilitators, motivators, pedagogues, learning engineers, and learning inspiration for learners. The roles require teachers to

be able to improve their performance that is producing in line with the changes and demands that emerge from the public to the world of education. (Priansa, 2014: 36) Law No. 20 of 2003 on National Education system in article 39 paragraph 2 stated that the duty the teachers is planning and implementing the lesson, assessing the learning outcomes, conducting further guidance and training.

Understanding the Role of Teachers

Teachers play roles in helping the learners' development to realize their goals in an optimal way. Learners' interests, talents, abilities, and potentials will not develop optimally without the help of the teachers. Therefore, teachers need to pay attention to students individually, because between one learner with the other, they have a very fundamental difference (Mulyasa, 2011: 35).

Taylor, Ros (2003: 19-20) stated that self-confidence is not arrogance, flaunt behavior, pompous, and conceited, which are often used as defense model by those without confidence to protect their vulnerability. The confident person feels secure by knowing his talent, is very relaxed and wants to listen and learn from others. Santrock, (2003: 36) defined self-confidence as a comprehensive evaluative dimension of self. Self-confidence is also referred to as self-esteem or self-image. According to Hakim, (Mardatillah, 2010: 178-180) there are several sources that can cause a person to not confident which are as follows.

- Physical disability or physical abnormalities, this can happen to anyone and can be from birth.
- Ugly face.
- Economically weak, when a person feels himself weak financially then it is not only creates a sense of shame but also sometimes unconfident.
- Social status. This is because sometimes in certain societies a person's social status can become an over-confidence when he or she does have high social status but not have personality that matches the social status.
- Easy to worry, easily nervous, and timid. This is a very bad combination of personality, because it is not only affected a person's confidence but will also slow down the process of self-development.
- Difficult to adapt, when someone is not able to adapt himself to others and the environment it can be said he is not able to adapt to the environment, this indirectly increase the sense of not confident in socializing.
- Often fails. When a person always tries to fight but also always fails, then that can make him not confident in. This happens because someone is unable to take wisdom and lessons from failure.

According to Mardatillah, (2010: 176-178) someone who is confident has the following characteristics: Knowing the weaknesses and advantages they have and then develop the potential they have and making achievement standard for their life goals, and then reward themselves when they success, work again when they are not yet success; Not blaming others for their mistakes or failures but more self-introspection; able to

overcome feelings of distress, disappointment, and a sense of inadequacy; able to overcome inner conflict; able to overcome the feeling of anxiety; calm in running and facing things; positive thinking; and go forward without having to look back.

Conclusion

A person's confidence is influenced by several factors, which are: a. genetic factors (heredity), such as the nature, beliefs, intelligence, and personality, those characters we have involved the genetic factors of parents; father and mother; environmental factors, such as school or social/cultural environment, such as friends, teachers, and others; Past experience and knowledge. There are four ways to increase teen confidence, which are: Identify the causes of low self-confident and important self-competence domains; Emotional support and social acceptance, Achievement and solving problem (coping); Self-confidence is one aspect of personality that is a belief in self- ability to be not easily influenced by others, and can act according to self-will, happy, optimistic, tolerant, and responsible.

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